## How to use this book

This Workbook helps you to check what you already know, practise what you've learned and challenge yourself to fly higher!

You can work through all of the activities in order or you can dip in and out to brush up your skills or explore in more depth. Use the progress chart opposite to record which skills you've checked and practised. Aim higher by having a go at the questions in the Skills Test Papers.

You can check the answers at the back of the book.
What you should be able to do after you
complete the skills check and practice questions.
You can tick off each one as you can do it.

The title of the topic.

## Sticky notes

provide tips and
Complete the practice questions to check your understanding. The questions become more difficult as you go down the page.

Background information on the topic to help you answer the questions.

