

KINAESTHETIC LEARNING

WALK THE LETTERS

OBJECTIVE: to practise forming letters correctly for writing

LEARNING LINK: tactile, visual

ORGANISATION: small groups or whole class

RESOURCES: lower-case letters of the alphabet (not 'i', 't' or 'x') written on a hall floor, using coloured floor chalks

WHAT TO DO

- Pretend your feet are a pencil.
- Walk on the letters to draw them with your feet. Make sure you travel in the right direction!

NOW TRY THIS

Repeat the activity using capital letters. Jump in the air to show where you lift your pencil off the page, for example, in letters 'A' and 'T'.

WALK THE WORDS

OBJECTIVE: to practise forming letters correctly for writing

LEARNING LINK: auditory, tactile, visual

ORGANISATION: small groups or whole class

RESOURCES: a selection of CVC words written on a hall floor (in lower case) using coloured floor chalks

WHAT TO DO

- Pretend your feet are a pencil.
- Walk on the words to draw them with your feet. Make sure you travel in the right direction!
- Tell the teacher what the word says before you move on to the next word.

NOW TRY THIS

1. Repeat the activity for longer words.
2. Take turns to walk a friend's name.
3. Make this activity even harder by walking a short message for your friends. Clap your hands to show the start of each new word.

WHAT LETTER AM I?

OBJECTIVE: to practise forming letters correctly for writing

LEARNING LINK: –

ORGANISATION: whole class, in groups of three

RESOURCES: a hall; mats

WHAT TO DO

- Make a capital letter shape using your bodies (lie on the floor if this is easier).
- The other children guess what the letter is.
- The child who guesses correctly is the next person to make a capital letter, with their group.
- Play the game until all the capital letters have been attempted.

NOW TRY THIS

Work in groups of five to try to spell a CVC word. The other groups must try to guess your word.

